



PRODUCT SPECIFICATION
PRODUCT NAME: Ground Nutmeg



1. DESCRIPTION

Nutmegs are the seed kernel of the fruit of the nutmeg tree. The outer skin of the nutmeg is a fleshy, lattice network called mace, a reddish brown powder.

Use in cakes, sweet cream or milk dishes, cream cheese. Compliments the flavour of onions, apples, potatoes, and spinach.

2. MICROBIOLOGICAL ANALYSIS

Ash	6 % max.
E coli	< 10 cfu/gm
Salmonella	Absent in 25g
Moisture	Max 22%

3. HEAVY METALS

Arsenic	5 ppm max.
Lead	10 ppm max.
Copper	20 ppm max.
Zinc	50 ppm max.

4. NUTRITIONAL VALUE

Energy	2198 kJ/ 525 Kcal
Fat	36.3 g
-Saturates	25.9 g
Carbohydrate	49.3 g
-Sugar	28.5 g
Fibre	20.8 g
Protein	5.8 g



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5. QUALITY

The nutmeg/mace shall comply with current regulations including the Food Safety Act 1990, Pesticides (maximum residues in Food) Regulations 1988, and other pertinent legislation. The spices shall be free of contamination by rodents or birds. They shall not contain glass or metal fragments.